



■ Creating Conditions for  
Transformative Community Change

# C2 Connecting Communities Experiential Learning Programme

We are pleased to announce the next **C2 Connecting Communities Experiential Learning Programme**. This course is designed to re-energise, inspire and offer new learning, backed up by on-site visits, to effectively demonstrate ‘what works’ and stays working in challenged communities across the UK.

“ I now recognize the community as the most important resource of all and know that sustainable change and improvement will not happen without them on side from the outset. ”

– Course participant



**C2** | **Connecting  
Communities**  
BUILDING PARTNERSHIPS THE C2 WAY

# ■ C2 Connecting Communities Experiential Learning Programme

**C2**, short for **Connecting Communities**, is a cost effective way of **reconnecting both local residents and frontline service providers** to jointly improve health, well-being and local conditions in disadvantaged areas via the co-creation of a **‘People and Provider Partnership’**.

This is achieved by using the practical **C2 7-step**, evidence and asset-based approach, which has been used successfully in communities in the South West and nationally since 1995.

Designed and researched by a frontline Health Practitioner and GP, together with researchers from the University of Exeter Medical School, C2’s track record consistently demonstrates **the power to break through longstanding barriers to achieve profound and lasting**

**change** within hard-pressed communities across the UK and is now active in over twenty neighbourhoods nationally.

C2 leads to **strong, self-managing communities** where residents are at the centre of decision-making supported by local service providers.

## The 7-Step Approach

The approach can be described as a process of **building community solidarity** from the ‘inside out’ through a series of specific steps, while simultaneously building agency solidarity from the ‘outside in’ via the setting up of co-producing, problem-solving, People and Provider Partnership.

## What does the course provide?

- The ‘how to’ of the C2 7-step approach and the ‘why’ it has consistently delivered lasting change to communities for over twenty years.
- The chance to learn from a range of community, primary health care and academic leaders.
- Site visits to link C2 theory to the reality at street level.
- A unique C2 7-steps ‘Handy Handbook’.





### Who should attend this programme?

Basically anyone who wants to learn how to bring lasting community change, such as community frontline service providers from NHS, Housing, Education, Police, Fire Service, residents and volunteers.

### What new skills and knowledge will this programme deliver?

As well as enhancing your own personal leadership and improvement knowledge this course will give you new insights to:

- **Recognise and work with the strengths within a challenged community.**
- **Co-create enabling conditions needed to release community and agency capacity.**
- **Listen effectively to enable residents to articulate a clear vision and develop a strong collective voice.**
- **Appreciate the ‘invisible’ values needed to enable communities to self-manage.**
- **Understand the power of a ‘Peoples and Provider Partnership’.**
- **Appreciate the outcomes, sustainability and impact they have in communities.**

“ This is a brilliant handbook. But it’s more than a handbook. It’s primarily a guide for any active citizen or dedicated officer who wishes to transform their neighbourhood. Commentators say that the Government can ‘talk the talk’ of neighbourhood transformation, but they can’t yet ‘walk the walk’. Well, this guide is a stout walking stick for anyone setting out to walk the difficult walk. It’s an essential prop and will steady anyone who might otherwise fall over.

- Dr Dick Atkinson, Balsall Health Forum



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## 3-Day Residential Course

### Principal Tutors:

- Hazel Stuteley OBE, RGN
- Dr Jonathan Stead FRCGP



The course will be based in Exeter, at the beautiful Streatham Campus at Exeter University. The residential course fee covers all overnight accommodation and meals.

### DAY 1 THROUGH THE THEORY

- Unpacking the new learning and the theory behind the C2 7-Step approach.

### DAY 2 FROM THEORY TO REALITY

- Coach trip to C2 sites in Devon to meet the people and partners who have 'changed their world' for the better.

### DAY 3 BRINGING IT ALL TOGETHER

- Debriefing from the site visits and Complexity Theory session providing a sense-making framework to understand how creating the receptive context leads to the community making their own transformative changes.
- Next steps and staying connected via the C2 National Learning Network.

### Course fees:

Residential delegates – £995  
Non-residential delegates – £600

Payment through the University of Exeter online store.

**Places are limited, so early registration is recommended.**

For further details, contact:

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[www.c2connectingcommunities.co.uk](http://www.c2connectingcommunities.co.uk)